



Sunshine Christian School

Living as children of the light - loving God, loving others, loving learning

Registered primary school no. 1850

81-83 Westmoreland Road
Sunshine North VIC 3020

Telephone 03 9312 1253

Fax 03 9310 1280

Email admin@scs.vic.edu.au

Web www.scs.vic.edu.au

Principal Mr Damian Pietsch

Calendar Dates

2026

Monday 20 April 2026

Student Free Day
Staff Professional Learning Day

Tuesday 21 April 2026

First day of Term 2
Whole School Worship @ 9am

Monday 27 – Wednesday 29 April

Year 5/6 Camp

St Matthew's Lutheran Church

Our supporting church worships at 9.30am each Sunday at 362 Barkly St. Footscray.

Sunshine Christian School acknowledges that our loving Creator God first gave the land on which the school is placed, to the peoples of the First Nation who have walked and cared for this land since before recorded time. We thank God for the land's traditional Custodians and pay our respects to Elders past, present, and emerging as we travel this journey of reconciliation in Australia.



Issue 5 | Thursday 2 April 2026

Devotion: 'It is finished!'

He is not here; he has risen! (Luke 24:5b)

It is asked by those experiencing the latest conflict in their lands, those living under oppressive rule, those experiencing violence in the home, those finding it hard to make ends meet, those suffering from injury or disease or grief, and those who are struggling with addiction.

So many are wondering: When will it end? Will it ever end?

Promises are made – by governments, big business and industry and other well-meaning people (and sometimes not). But still, it doesn't end. They can't end it – not through money, force, policies or strategy.

The world is in quite a mess – incapable of fixing things or ending things. But God so loved the world that he gave his one and only Son. Jesus was born into our world as one of us – truly human and truly God.

Jesus entered the pain and suffering, the brokenness and failure. He experienced injustice and violence. He did not resist it or avoid it. He faced it. He came to bring an end to it. As he hung on a cross dying, it was hard to see how this could end anything. But with some of his last words from the cross, Jesus said: 'It is finished!'

It seemed as though he was finished. But these were not words of defeat. Jesus had completed his task of paying the price for all of our unfinished business.

After three days, Jesus rose again from the dead. His first words to his followers as the risen Lord were: 'Peace be with you.' They are words that are full of promise.

The risen Lord Jesus brings us the hope of an end to suffering, injustice, violence and death. The risen Lord Jesus brings us a new beginning of forgiveness, mercy, peace and life. He finished his work on the cross, and he lives to begin a new work in us.

Jesus promises to be with us always as he deals with the unfinished business in our lives. This new life with him will never end. Christ is risen! He is risen indeed!

Lord Jesus, thank you for reminding me that I am loved. Thank you for being prepared to go to the cross to show that love. Thank you that you rose from the grave to assure me that, in all my struggles, I have your living presence to give me confidence and strength to face the future. Amen.

Devotion by: Pastor Stephen Schultz

Prayer Points

- We pray that this Easter may be filled with joy and happiness as we celebrate the resurrection of our Lord and Saviour.
- We also give thanks for the rest, rejuvenation, and renewal that the holidays bring.
- We pray for the Giang, Gora and Suan families.

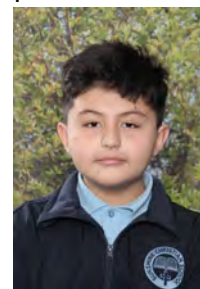
Micah Award

Daniel for showing service and compassion to others.



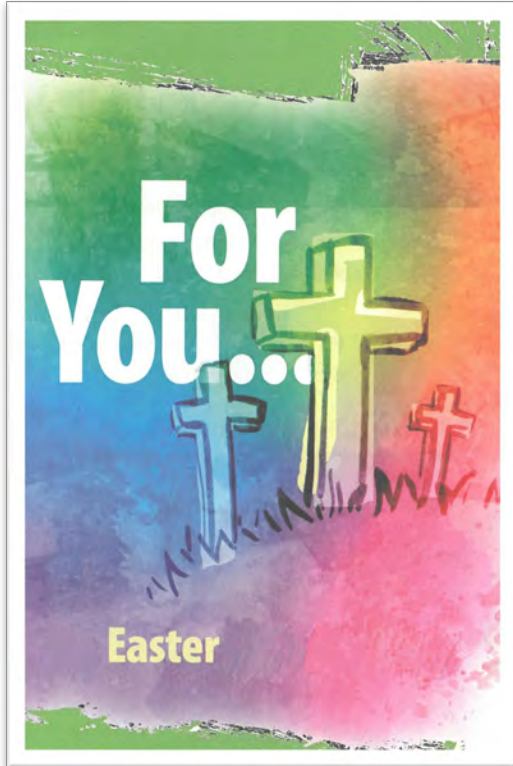
Micah Award

Juan for showing service and compassion to others.





From the Principal



Happy Easter

We wish all members of our school community a restful holiday and a blessed Easter. As we celebrate Easter, we rejoice in the resurrection of Jesus—God’s gift of hope, new life and restoration to the world. May this season remind us that even in times of waiting or uncertainty, God is at work, bringing renewal and light.

We eagerly anticipate reconnecting with our students and families for many new and exciting learning opportunities in Term 2.

Principal’s Appraisal

On behalf of the School Board, I would like to sincerely thank our parents and carers who took the time to participate in the recent Principal’s Appraisal process, either by completing the survey or engaging in interviews. Your feedback was both affirming and thoughtful, recognising the many strengths of our school while also offering valuable insights for continued growth. The Board greatly appreciates your honesty, engagement, and partnership as we work together to support strong leadership and the ongoing development of our school.

*Erin Mibus
School Board Chair*

Notes from the Office

TERM 2 UNIFORM

Full winter uniform is to be worn from the start of Term 2.

Boys: Long Pants

Girls: Pinafore and navy tights
or Long Pants

Girls and Boys: Track Pants for sport.

SCHOOL FEES

Term 2 school fees are due today,
Thursday 2nd April.

School Photos

School Photo envelopes were sent home with the students on Monday 30th March.

Envelopes are due back by Wednesday 22nd April.

If paying online, please remember to record your receipt number on the front of your envelope. Credit Card payments **CANNOT** be paid at the office.



Calendar of Events: Term 2 2026

	Monday	Tuesday	Wednesday	Thursday	Friday
Wk 1	April 20 Student Free Day NO SCHOOL	April 21 Worship	April 22	April 23	April 24 Interschool Cross Country
Wk 2	April 27 Worship Playgroup @ 9.30am Year 5/6 Camp	April 28 Year 5/6 Camp	April 29 Year 5/6 Camp	April 30	May 1 SCHOOL PHOTO DAY Newsletter
Wk 3	May 4 Worship Playgroup @ 9.30am Wellbeing Week	May 5 Year 5/6 Excursion	May 6	May 7	May 8 Mother's Day Stall
Wk 4	May 11 Worship Playgroup @ 9.30am Year 3/4 Camp	May 12 Year 3/4 Camp	May 13 Year 3/4 Camp	May 14 Dental Van	May 15 Dental Van Newsletter
Wk 5	May 18 Worship Playgroup @ 9.30am	May 19	May 20	May 21 Multicultural Day	May 22 St Matthew's Worship (Sunday 24)
Wk 6	May 25 Worship Playgroup @ 9.30am	May 26	May 27 Reconciliation Week	May 28	May 29 Newsletter
Wk 7	June 1 Worship Playgroup @ 9.30am	June 2	June 3	June 4 Yr. 3/4 & 5/6 Incursion	June 5 Sharing Assembly: Year 5/6 and 2/3
Wk 8	June 8 King's Birthday Holiday NO SCHOOL	June 9 Wellbeing Week	June 10	June 11 Whole School Incursion	June 12 Newsletter

IncurSION - Help End Poverty

The students have been learning about global poverty and how difficult it is for millions of people to access basic needs for fair living.



Ben, of the charity organisation Tearfund, spoke to Year 5/6 students and gave them insights of the poverty-stricken living conditions. The students created images and dramatized living conditions in these communities.



CHRISTIAN STUDIES



Throughout Term 1, Prep, Year 1, 2, 3 and 4 classes have been learning about the person and work of Jesus Christ and why He is central to Christianity, the impact the announcement of His birth had and what a momentous occasion that was for the eternal salvation of God's creation.

Year Prep/1

Students focused on the birth, life and death of Jesus Christ in an age-appropriate manner where they were able to understand the significance and purpose of these events by listening to stories about Jesus and discussing their understandings.

Year 2

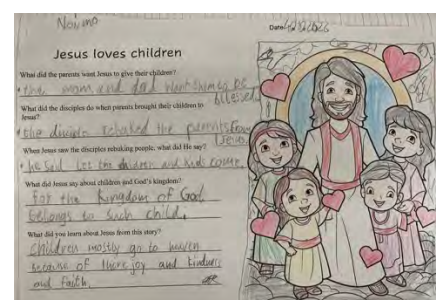
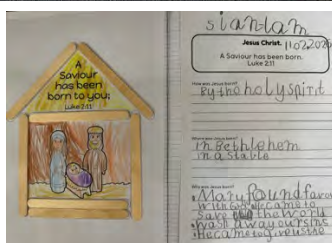
The students came to understand that Jesus Christ was more than a good person. He is the Son of God and the Messiah, King of Kings and Lord of Lords. Students learned that sin was conquered through God's Son, Jesus, and that we are saved by God's grace through faith, which leads us to lives of obedience.

Year 3 / 4

Students studied the life and teachings of Jesus Christ and how the times He lived in, give us an understanding of God's love and power through stories of the Bible. Students explored ways to communicate the message of Jesus Christ's birth through modern platforms such as social media, considering how these tools can be used to share the good news of Jesus with many who need a Saviour, for life with Him now and eternally.



Well done everyone.





Science Junior classes

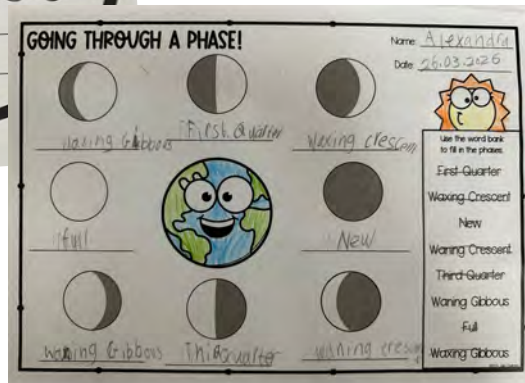
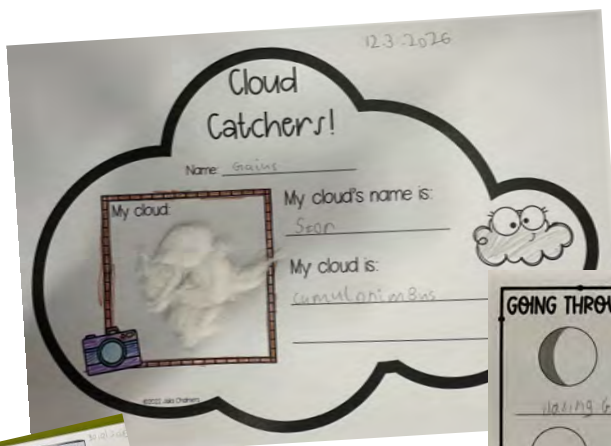


Term 1 in science.

Year 2/3

Prep/ I students have been learning about weather concepts through the Earth and Space unit in science. They were able to explain daily and seasonal changes that occur in our everyday lives. Students studied how these changes affect us daily and observed how daily weather changes transform patterns in the sky such as clouds and the differences between all clouds.

Year 2/3 scientists have been learning about the patterns of day and night, the solar system and the moon. They came to understand that Earth is a planet in the solar system and recognized patterns relating to the changing places of the sun, moon, planets and stars. Students wrote down their observations and outcomes and understanding new scientific vocabulary relating to the solar system.





Diet & Nutrition

How does this affect brain development and academic achievements?



In this edition of SchoolTV - DIET & NUTRITION

We all know that diet and nutrition is vital to your child's development and growth, but are you aware of the effects it has on your child's brain development and how it can impact their academic achievement?

In this era of convenience, it is easy to reach for pre-packaged and processed foods to cope with busy schedules. However, these foods are usually packed full of sugar and salt which can have adverse health effects. Making a habit of reading food labels can help reduce the risks. It can also help to stabilise your child's energy, improve their mood, maintain a healthy weight and improve their general wellbeing.

In this edition of SchoolTV, parents will discover practical advice for teaching your kids about the benefits of incorporating a healthy diet and good nutrition.

We hope you take time to reflect on the information offered in this edition of SchoolTV and we always welcome your feedback. If you have any concerns about your child, please contact the school counsellor for further information or seek medical or professional help.

Here is the link to the **Diet & Nutrition** edition of SchoolTV

<https://scs.vic.schooltv.me/newsletter/diet-nutrition>

MENTAL HEALTH & WELLBEING CORNER

Supporting families to grow strong minds
and hearts in Christ.

This Week's Tip for Parents

Practising Self-Compassion at Home

We are created for connection – with others and with ourselves. Relationships help us feel safe, seen and supported. However, when we experience conflict, disappointment or hurt, our natural response is often to disconnect. We may pull away, shut down, push others away, or become hard on ourselves.

For children (and adults), these moments can feel overwhelming. This is where self-compassion becomes especially important. Self-compassion is the practice of treating ourselves with kindness when things feel hard. It reminds us that it's okay to make mistakes, feel big emotions, and need support – especially when relationships feel strained.

A simple way to nurture self-compassion at home is to notice the language we use, particularly after moments of conflict or disappointment. When you hear phrases like "I should be better at this" or "I always mess this up", gently help your child (and yourself) reframe with kindness:

"I'm still learning."

"This is tricky, and that's okay."

"I can try again."

By staying connected – even when things feel messy – we teach children that relationships can be repaired, emotions can be held safely, and they don't have to push themselves or others away to cope.

Small moments of compassion help children build emotional resilience, calm their nervous system, and grow confidence over time.

[TURN OVER TO FIND OUT MORE...](#)

Student Voice

From Our Students!

"What do you say to yourself when you make a mistake?"

"I can try again next time."

"Mistakes help me learn"



Faith & Wellbeing

"My grace is sufficient for you, for my power is made perfect in weakness."

2 Corinthians 12:9 (NIV)

Self-compassion sits beautifully alongside our faith. This verse reminds us that we do not need to have everything together for God to be at work in us. Grace meets us in our weakness, not after we've "fixed" ourselves. When we practise self-compassion, we are not lowering expectations – we are allowing space for growth, healing and courage. As we learn to offer ourselves grace, we become better able to extend grace to others. In moments of challenge, may we remember that calm, kindness and compassion are not signs of weakness, but pathways to strength.

9 Additional Supports for Families



Building Self Compassion at Home!

These are gentle invitations, not expectations — choose what works for your family.

1. NAME THE FEELING

Encourage children to name what they're feeling: "I feel frustrated" or "I feel worried."
Naming emotions helps calm the brain and body.

2. PAUSE AND BREATHE TOGETHER

Try three slow breaths when emotions run high. Breathing helps soothe the nervous system and creates space to respond rather than react.

3. REPLACE "SHOULD" WITH KINDNESS

Gently swap "I should..." for "I'm doing my best..." or "I'm still learning."

4. ASSUME THE BEST

Practise assuming positive intent — in ourselves and in others — especially during moments of misunderstanding or big emotions.

5. MODEL KIND SELF-TALK

Let children hear you speak kindly to yourself when things don't go to plan. This teaches them how to respond to mistakes with compassion.

6. PRACTISE REFLEXIVITY (LOOKING INWARD WITH KINDNESS)

Reflexivity is the practice of noticing our thoughts, feelings and reactions, and gently reflecting on them. You might ask:

"What was I feeling in that moment?"

"What might I need right now?"

"What can I learn from this?"

The focus is **understanding, not judgement.**

7. CREATE A CALM SPACE

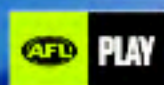
A quiet corner with cushions, books or drawing materials can support emotional regulation and self-soothing.

8. REFLECT, DON'T RUSH

After challenges, talk about what was learned rather than what went "wrong". This supports growth and resilience.

9. CELEBRATE EFFORT, NOT JUST OUTCOMES

Acknowledge courage, persistence and growth — even when things feel messy or unfinished.



SCHOOL HOLIDAY PROGRAMS

Sharpen your footy skills at one of our School Holiday Programs
Suitable for kids aged 4-12.

MISSION WHITTEN OVAL, FOOTSCRAY
FRIDAY, 10 & 17 APRIL



**SCAN TO
BOOK**